

Today's plan of action

Must do today or else ...

date

- 1 ☐
- 2 ☐
- 3 ☐

I read for _____ minutes today

3 things I learned today

- 1 ☐
- 2 ☐
- 3 ☐

morning

- ☐
- ☐
- ☐
- ☐

write tomorrow's plan

- ☐
- ☐
- ☐
- ☐

afternoon

- ☐
- ☐
- ☐
- ☐

evening

- ☐
- ☐
- ☐
- ☐

