



Kitchen Conversions

CUP	OZ	TBS	TSP
1	8	16	48
3/4	6	12	36
2/3	5	11	32
1/2	4	8	24
1/3	3	5	16
1/4	2	4	12

2 CUPS=1 PINT

2 PINTS=1 QUART

4 QUARTS=1 GALLON

HERBS: 1 TBS FRESH = 1 TSP DRY
